2016 IPA PENNSYLVANIA STATE POWERLIFTING CHAMPIONSHIPS

MARCH 5, 2016

York Barbell Company

York, Pennsylvania

DIVISION	SUBDIVISION	WT CLASS	NAME	SQUAT	4TH ATT SQUAT	BENCH	4TH ATT BENCH	DEAD	4TH ATT DEAD	TOTAL	4TH ATT TOTAL	BWT
WOMEN'S DIVISIONS - AMATEUR RAW												
AM RAW	Teen (13-15)	165	ALLISON BROADHURST	235	240	125	130	252.5		612.5	622.5	162.6
AM RAW	Teen(16-17)	132	AUTUMN BRADLEY	200		140		165		505		127
AM RAW	Junior (20-23)	132	NICOLE TOUCHINSKY	275	285	130	135	275	290	680	710	128
AM RAW	Open	132	ERIN KYLE	275		150		375		800		129.9
AM RAW	Open	132	SHANNON HIGHTMAN	250		125		280		655		131.1
AM RAW	Open	148	JENNIFER WILLIAMS	250		135		230		615		148.75
AM RAW	Open	148	TRINH INZERILLO	235	245	142.5		235	250	612.5	637.5	145.1
AM RAW	Open	165	KRISTY TOUCHINSKY	285		135		305	320	725	740	154.9
AM RAW	Open	165	AMANDA BENINCASA	205		140		285		630		164.5
AM RAW	Open	165	SAMANTHA STOUT	155		125		225		505		154.1
AM RAW	Open	181	JESSICA MALOY	370		160		375		905		180.3
AM RAW	Submaster	165	KRISTY TOUCHINSKY	285		135		305	320	725	740	154.9
AM RAW	Submaster	181	JESSICA MALOY	370		160		375		905		180.3
AM RAW	Master (45-49)	148	TRINH INZERILLO	235	245	142.5		235	250	612.5	637.5	145.1
WOMEN'S DIVISIONS - PROFESSIONAL RAW												
PRO RAW	Open	181	SHANNON HANDLON	400		170		400		970		168.65
PRO RAW	Master (45-49)	148	CHRISTINA VALERI	300		130		300		730		142.9
WOMEN'S DIVISIONS - PROFESSIONAL EQUIPPED												
PRO EQUIP	Open	105	ELAINE GRIMWOOD	380		225		385		990		104.95
PRO EQUIP	Master (45-49)	105	ELAINE GRIMWOOD	380		225		385		990		104.95
MEN'S DIVISIONS - AMATEUR RAW												
AM RAW	Up to 13	148	DREW FREEMAN	155		85		180		420		138.7
AM RAW	Teen (14-15)	123	ISAIAH DERR	205		155		240		600		122
AM RAW	Teen (14-15)	132	FORREST SEYBOLD	295		195		405		895		129.6
AM RAW	Teen (14-15)	132	DALTON TOUCHINSKY	245		160		285		690		128.4
AM RAW	Teen (14-15)	220	ERIK MOYER	410		260		520		1190		217
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MEN'S DIVISIONS - AMATEUR RAW CONTINUED												
AM RAW	Teen (16-17)	165	NICHOLAS CHLUDZINSKI	452.5		275		80		807.5		162.25
AM RAW	Teen(18-19)	132	GLEN PFLEEGOR, JR.	225		140	145	330		695	700	131.95
AM RAW	Junior (20-23)	148	NICHOLAS KILCOURSE	310		210		405		925		145.05
AM RAW	Junior (20-23)	165	COLTON MCCONNELL	385		285		385		1055		162.3
AM RAW	Junior (20-23)	181	AARON CUSATIS	485		320		515		1320		179.8
AM RAW	Junior (20-23)	181	AUBIN SEVRIN	415		285		475		1175		178.2
AM RAW	Junior (20-23)	181	KYLE PRICE	305		215		420		940		176.5
AM RAW	Junior (20-23)	220	ANDREW STASKOWSKI	420		300		530		1250		212
AM RAW	Open	132	KORBIN SPAYD	255		185	240	270		710	765	132.25
AM RAW	Open	132	GLEN PFLEEGOR, JR.	225		140	145	330		695	700	131.95
AM RAW	Open	148	NATE BOYD	315		235		382.5		932.5		146.9
AM RAW	Open	165	SEAN HIGHTMAN	445		305		510		1260		164.05
AM RAW	Open	165	DOUG KLINE	390		290		450	455	1130	1135	164.2
AM RAW	Open	165	NICHOLAS CHLUDZINSKI	452.5		275		80		807.5		162.25
AM RAW	Open	198	DREW IRWIN	500	540	315		570		1385	1425	194.5
AM RAW	Open	198	ROBERT PASTERNACKI	375		325		440		1140		189.6
AM RAW	Open	220	ADAM FAIR	390		245		430		1065		208.1
AM RAW	Open	242	RICHARD GAWLINSKI	515		310		550		1375		222.4
AM RAW	Open	242	GREG PAPANICOLAS	380		325		450		1155		240.6
AM RAW	Open	275	TREVOR THOMAS	580		350		575		1505		251
AM RAW	Open	SHW	CLEASON EBAUGH	505		470		580		1555		319.8
AM RAW	Submaster	220	PAUL SNYDER	505		305		470		1280		220.25
AM RAW	Master(50-54)	114	GARY ZEOLLA	315		175		380		870		114.2
AM RAW	Master(50-54)	242	WILLIAM HARRIS	400		300		550		1250		242.45
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MEN'S DIVISIONS - AM RAW CONTINUED												
AM RAW	Master(60-64)	165	DOUG KLINE	390		290		450	455	1130	1135	164.2
AM RAW	Master(60-64)	242	CHARLES TOUCHINSKY	475		315	320	445		1235	1240	241.6
AM RAW	Master(65-69)	148	FRED HOLTZINGER	220		135		265		620		146.6
AM RAW	Police	132	KORBIN SPAYD	255		185	240	270		710	765	132.25
AM RAW	Police	165	SEAN HIGHTMAN	445		305		510		1260		164.05
MEN'S DIVISIONS - AMATEUR EQUIPPED												
AM EQUIP	Open	220	MATTHEW LANE	680		410		650		1740		212.3
AM EQUIP	Master (45-49)	165	BRIAN CROWE	650		450		550		1650		164.1
AM EQUIP	Master (45-49)	308	ERIC FREEMAN	655		560		635		1850		280.65
AM EQUIP	Master(55-59)	220	BENTZ TOZER, JR	625		405		505		1535		218.4
AM EQUIP	Master(80+)	165	GEORGE CHRISTMAN	320		220		400		940		162.2
MEN'S DIVISIONS - PROFESSIONAL RAW												
PRO RAW	Junior (20-23)	242	GAVIN MISKIMON	525		340		530		1395		234.6
PRO RAW	Open	220	MICHAEL BOYD	625		400		530		1555		214.45
PRO RAW	Open	220	ISAAC ALLEMAN	550		380		600		1530		215.8
PRO RAW	Open	220	RAYMOND WADE	525		400		315		1240		219.75
PRO RAW	Open	242	EVAN BRECHBIEL	600		440		525		1565		241.5
PRO RAW	Open	308	TOMMY NUCE	650		425		615		1690		289.9
PRO RAW	Open	SHW	DAN KOVACS	825		570		790		2185		325.2
PRO RAW	Master (45-49)	220	KIRK BANKERT	475		280	300	425		1180	1200	211.3
PRO RAW	Master (45-49)	SHW	DAN KOVACS	825		570		790		2185		325.2
MEN'S DIVISIONS - PROFESSIONAL EQUIPPED												
PRO EQUIP	Master (45-49)	308	ERIC FREEMAN	655		560		635		1850		280.65
PRO EQUIP	Master(60-64)	275	RONALD KROUT	575		505		500		1580		261
MEN'S DIVISIONS - BENCH ONLY												
AM RAW	Master (45-49)	275	DAVE MILLER	0		400		0		400		260.5
MEN'S DIVISION - SQUAT ONLY												
PRO RAW	Open	275	JOE SAUBLE	785		0		0		785		271.9
PRO RAW	Master(40-44)	275	JOE SAUBLE	785		0		0		785		271.9
PRO EQUIP	Open	275	ADAM HARTLAUB	760		0		0		760		256.4
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PENNSYLVANIA CHAMPION OF CHAMPIONS												
BRIAN CROWE												
BEST LIFTERS - RAW				**BEST LIFTERS - EQUIPPED**								
AM Women's Teen		Autumn Bradley		PRO Women's Open			Elaine Grimwood					
AM Women's Open		Erin Kyle		AM Men's Open			Matt Lane					
AM Men's Teen		Forrest Seybold		AM Men's Master			George Christman					
AM Men's Open		Sean Hightman		Pro Men's Master			Ron Krout					
PRO Men's Open		Dan Kovacs										
AM Men's Master		Doug Kline										
PRO Men's Master		Dan Kovacs										